**Sublingual Dosing Schedule**

Dr.’s Name:

Dosing Schedule for: Patient’s name

Start with Bottle 2 - prime pump before use

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Bottle # 2 – Build up Bottle** | | |  | **Bottle # 1 – Maintenance Bottle** | | | | | | |
| Day No. | Drop Amounts | Dose Amount (mL) |  | Day No. | Daily Pump | Dose Amount (mL) |  | Day No. | Drop Amounts | Dose Amount (mL) |
| **1** | 1 | 0.05 |  | 22 | 1 | 0.05 |  | 63 | 3 | 0.15 |
| 2 | 1 | 0.05 |  | 23 | 1 | 0.05 |  | 64 | 3 | 0.15 |
| 3 | 1 | 0.05 |  | 24 | 1 | 0.05 |  | 65 | 3 | 0.15 |
| 4 | 1 | 0.05 |  | 25 | 1 | 0.05 |  | 66 | 3 | 0.15 |
| 5 | 1 | 0.05 |  | 26 | 1 | 0.05 |  | 67 | 3 | 0.15 |
| 6 | 1 | 0.05 |  | 27 | 1 | 0.05 |  | 68 | 3 | 0.15 |
| 7 | 1 | 0.05 |  | 28 | 1 | 0.05 |  | 69 | 3 | 0.15 |
| 8 | 2 | 0.1 |  | 29 | 2 | 0.1 |  | 70 | 3 | 0.15 |
| 9 | 2 | 0.1 |  | 30 | 2 | 0.1 |  | 71 | 3 | 0.15 |
| 10 | 2 | 0.1 |  | 31 | 2 | 0.1 |  | 72 | 3 | 0.15 |
| 11 | 2 | 0.1 |  | 32 | 2 | 0.1 |  | 73 | 3 | 0.15 |
| 12 | 2 | 0.1 |  | 33 | 2 | 0.1 |  | 74 | 3 | 0.15 |
| 13 | 2 | 0.1 |  | 34 | 2 | 0.1 |  | 75 | 3 | 0.15 |
| 14 | 2 | 0.1 |  | 35 | 2 | 0.1 |  | 76 | 3 | 0.15 |
| 15 | 3 | 0.15 |  | 36 | 3 | 0.15 |  | 77 | 3 | 0.15 |
| 16 | 3 | 0.15 |  | 37 | 3 | 0.15 |  | 78 | 3 | 0.15 |
| 17 | 3 | 0.15 |  | 38 | 3 | 0.15 |  | 79 | 3 | 0.15 |
| 18 | 3 | 0.15 |  | 39 | 3 | 0.15 |  | 80 | 3 | 0.15 |
| 19 | 3 | 0.15 |  | 40 | 3 | 0.15 |  | 81 | 3 | 0.15 |
| 20 | 3 | 0.15 |  | 41 | 3 | 0.15 |  | 82 | 3 | 0.15 |
| 21 | 3 | 0.15 |  | 42 | 3 | 0.15 |  | 83 | 3 | 0.15 |
|  |  |  |  | 43 | 3 | 0.15 |  | 84 | 3 | 0.15 |
|  |  |  |  | 44 | 3 | 0.15 |  | 85 | 3 | 0.15 |
|  |  |  |  | 45 | 3 | 0.15 |  | 86 | 3 | 0.15 |
|  |  |  |  | 46 | 3 | 0.15 |  | 87 | 3 | 0.15 |
|  |  |  |  | 47 | 3 | 0.15 |  | 88 | 3 | 0.15 |
|  |  |  |  | 48 | 3 | 0.15 |  | 89 | 3 | 0.15 |
|  |  |  |  | 49 | 3 | 0.15 |  | 90 | 3 | 0.15 |
|  |  |  |  | 50 | 3 | 0.15 |  | 91 | 3 | 0.15 |
|  |  |  |  | 51 | 3 | 0.15 |  | 92 | 3 | 0.15 |
|  |  |  |  | 52 | 3 | 0.15 |  | 93 | 3 | 0.15 |
|  |  |  |  | 53 | 3 | 0.15 |  | 94 | 3 | 0.15 |
|  |  |  |  | 54 | 3 | 0.15 |  | 95 | 3 | 0.15 |
|  |  |  |  | 55 | 3 | 0.15 |  | 96 | 3 | 0.15 |
|  |  |  |  | 56 | 3 | 0.15 |  | 97 | 3 | 0.15 |
|  |  |  |  | 57 | 3 | 0.15 |  | 98 | 3 | 0.15 |
|  |  |  |  | 58 | 3 | 0.15 |  | 99 | 3 | 0.15 |
|  |  |  |  | 59 | 3 | 0.15 |  | 100 | 3 | 0.15 |
|  |  |  |  | 60 | 3 | 0.15 |  | 101 | 3 | 0.15 |
|  |  |  |  | 61 | 3 | 0.15 |  | 102 | 3 | 0.15 |

Initial two bottle set will last for approximately 120 days

Suggested Dosing Schedule

Dosing Schedule for: (2 Bottle set)

(prime pump before first use)

Bottle #2

(Days 1 through 7) 1 drop

(Days 8 through 14) 2 drops

(Days 15 through 21) 3 drops

Bottle #1

(Days 1 through 7) 1 drop

(Days 8 through 14) 2 drops

(Days 15 through 21) 3 drops

Maintenance dose has been reached on the 21st day of bottle #2 Continue three drops, once each day.

\*\*Doses are given once a day \*\*Each step up lasts 7 days (i.e. 1 drop 7 days, then 2 drops 7 days, etc)

1 drop = about 0.05 mL

Continue maintenance bottle #1 using 3 pump drops per day (150uL)